

Jean Claude West Workshops 2014

Certificate of Completion

**Balancing the Spine & Pelvis  
Restoring Function Above & Below**

Sat, Sun – 10am – 5pm  
November 1, 2 2014

This workshop will focus on understanding and restoring function to the Thoracic and Pelvic region to with the intent of promoting stability. Understanding rib/ vertebral, pelvic torsion relationships, dysfunction and their contributing role in creating instability through the kinetic chain. Labs using specific modalities will be addressed as well as corrective exercise

11/14  
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Date

JC West  
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Jean Claude West